

TRAUMATIC PSEUDOANEURYSM OF THE SUPERFICIAL TEMPORAL ARTERY

Case report

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ABSTRACT - A 26 year-old woman suffered a blunt head injury on the left temporal area and developed an arteriovenous fistula with a pseudoaneurysm on the superficial temporal artery. These fistulas are rare and usually associated with pseudoaneurysms, most commonly in the frontal arterial branch. The aneurysms generally appear late after trauma and present as a pulsatile painfully growing mass in the temporal region, associated with fremitus and bruit. The diagnosis is made by angiography and surgery is a very effective treatment.

KEY WORDS: pseudoaneurysm, arteriovenous fistula, head injury, superficial temporal artery.

Pseudoaneurisma traumático da artéria temporal superficial: relato de caso

RESUMO - Uma mulher de 26 anos desenvolveu uma fistula arteriovenosa associada a pseudoaneurisma da artéria temporal superficial após traumatismo craniano fechado. Tais fistulas são raras e geralmente associadas a pseudoaneurismas da artéria temporal superficial, mais comumente do ramo frontal. As lesões habitualmente surgem tardiamente em relação ao traumatismo causador e se manifestam como uma massa dolorosa pulsátil na região temporal, crescente, associada à frêmito e sopro. O diagnóstico é confirmado através de arteriografia e o tratamento cirúrgico proporciona ótimos resultados.

PALAVRAS-CHAVE: pseudoaneurisma, fistula arteriovenosa, traumatismo craniano, artéria temporal superficial.

The first to recognize an arteriovenous fistula (AVF) as an abnormal communication between an artery and a vein bypassing the capillary circulation was William Hunter in 1757¹. Later in 1740, Thomas Bartholin² reported the first case of temporal artery aneurysm and since then more than 400 cases have been published in the literature³. Almeida and Zaclis (1965)⁴ were one of the first Brazilian authors to describe a case of traumatic pseudoaneurysm on the superficial temporal artery, successfully treated with surgery. Most cases (about 75%)⁵ are the result of blunt head injury, but there are cases also related to hair implants⁶, penetrating scalp lesions⁷, external ventricular drainage⁸, use of pin-type head holder devices⁹ and at the site of previous craniotomy¹⁰. Arteriovenous malformations associated with pseudoaneurysms of the superficial temporal artery is a rare late complication of head trauma. Of the 262 cases of AVF reported during

the Vietnam War, only two (0.7%) occurred at the external carotid circulation¹¹. Despite the rarity of these lesions, they must be included in the differential diagnosis of any soft mass in the lateral aspect of the forehead and temporal areas.

Our objective is to report one case of traumatic arteriovenous malformation associated with a pseudoaneurysm secondary to a blunt head injury (assault) and to discuss its pathophysiology, diagnosis and treatment.

CASE

A 26-year-old woman with C-type hepatitis was struck on the left fronto-temporal region during an assault and had a five centimeters scalp lesion that was treated at the time with wound cleansing and suture. Six weeks later, she was seen ambulatory, and the neurologic examination revealed a soft 25x15 mm pulsatile frontotemporal mass on the scalp and the patient complained of local pain (Fig 1). A bruit was audible and a fremitus

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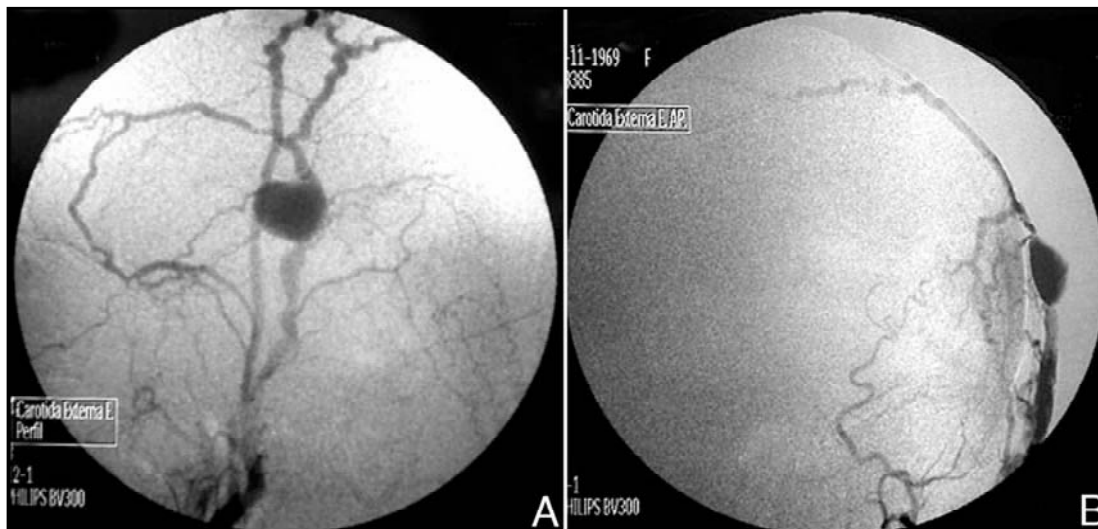


Fig 1. Carotid angiogram with selective left external carotid catheterization (1A and 1B).

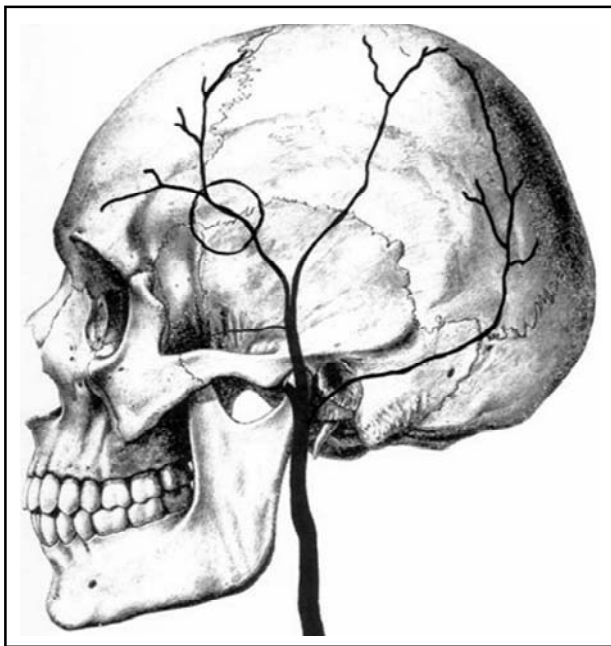


Fig 2. Location of the anterior, middle and posterior branches of the superficial temporal artery as it courses over the temporal ridge at the anterior superior origin of the temporalis muscle. In the circled area (superior to the temporalis and lateral to frontalis muscle) the artery is relatively fixed in the galea aponeurotica (muscle gap) and is particularly prone to traumatic lesions and pseudoaneurysm formation.

was palpable and both were ceased with digital compression of proximal temporal artery.

She was submitted to carotid angiogram with selective left external carotid catheterization and the diagnosis of AVF with pseudoaneurysm was confirmed. The patient was treated with proximal and distal ligation of the fistula and resection of the pseudoaneurysm under general anesthesia which had an uneventful course.

DISCUSSION

Arteriovenous fistulas of the scalp are rare vascular lesions usually related to blunt head injury (75%)⁵. The usual presentation is that of a painfully pulsatile mass in the frontotemporal between two weeks and four months after the initial trauma, associated with local fremitus and bruit⁸. The superficial temporal artery derives from the external carotid artery near the parotid gland and ascends anterior to the acoustic meatus towards the frontotemporal region and is separated from the skull only by the temporal muscle. Then, it branches into orbital-zigomatic, middle temporal, anterior auricular, frontal and parietal branches².

These lesions usually occur at the superior temporal line because the anterior arterial branch is uncushioned by a muscle gap and lies directly on the periosteum (Fig 2). The artery is also tethered by the adventitia to the frontalis and temporalis muscles. All these anatomical peculiarities increase the likelihood of lesion in a blunt trauma⁸.

It is believed that the arterial wall is injured during trauma or there would be a contusion with subsequent wall necrosis¹³. Blood possibly extravasates from the injured artery with the formation of a hematoma and a pseudocapsule around it. The hematoma capsule would expand and clot would reabsorb resulting in a cavity leading to pseudoaneurysm formation¹⁴.

The diagnosis is usually suspected by the recent traumatic antecedents and physical examination. Digital compression of the proximal segment on superficial temporal artery usually abolishes or de-

creases the bruit and the fremitus. Differential diagnosis includes simple hematomas, abscess, soft tissue tumors, neuromas and foreign body granulomas. Complementary studies such as Doppler ultrasound and contrast enhanced CT scans may confirm or rule out other lesions mimicking a pseudoaneurysm but the definitive diagnosis is usually made by angiography⁹.

Treatment is indicated to prevent bleeding, relieve symptoms and for cosmetic purposes. Some authors have reported good results using embolization for the treatment of these lesions¹⁵ but surgery is the treatment of choice, with ligation of proximal and distal vessels and excision of the pseudoaneurysm. It can be done under general or local anesthesia with excellent results¹³.

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